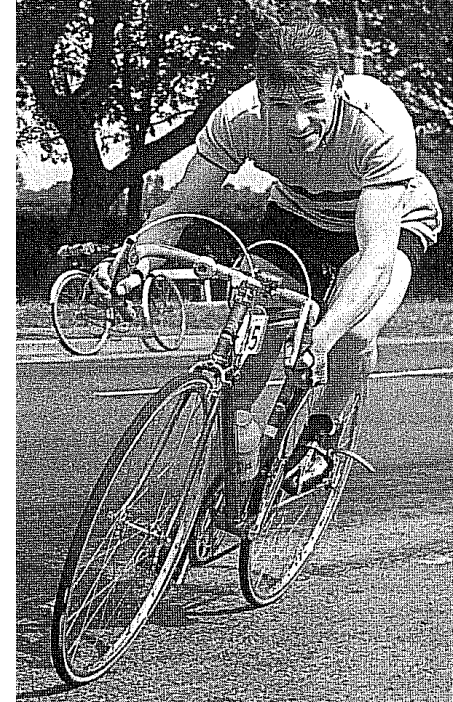


TYNE ROAD CLUB



WINTER CLUB RUNS

2009 - 2010
www.tynerc.co.uk

Front Cover

Wes Clayton 1933 - 2009

A member and official of the Tyne Road Club since 1956, Wes had an enviable reputation as a top rider excelling in all spheres of the sport. In 1960 he rode the Milk Race as a member of the Regions team finishing 21st. He was a prolific race winner throughout his career and was both club and Northumberland & Durham C.A champion on a number of occasions.

In 1969 he led the Tyne R.C. to the first of five consecutive national 24 Hour championship team titles and led the team on all but one of the remainder.

Wes was critically injured in 1980 whilst on a club run suffering the loss of a kidney and spleen, not to mention broken bones and inevitably needing a massive blood transfusion.

In 1993 he underwent the second ever liver transplant at the Freeman Hospital following the diagnosis of Hepatitis B.

Subsequently he became involved with the LiverNorth Charity, participated in related drugs trials and took part in the World Transplant Games where he won medals in cycling and other events. Despite these massive setbacks he always returned to competitive cycling!

Wes was highly competitive, hard working and meticulous but always humble. An event organiser, timekeeper and handicapper for local time trials throughout the last 40 years he was a stalwart of N.E. cycling and above all a great family man and friend to us all

'Simply the best'

Club Records

Road Time Trials

10 miles	J Waugh	30/06/76	21:38
25 miles	DK Reay	08/09/68	53:52
25 miles (72" gear)	M Glass	11/10/70	1:01:50
30 miles	HD Armstrong	23/08/67	1:10:04
30 miles (Tandem)	MF Cowling & AR Dinning	14/10/51	1:08:25
50 miles	HD Armstrong	21/09/69	1:51:04
100 miles	J Waugh	19/08/73	3:54:28
12 hours	W Clayton	07/09/69	263.583 miles
24 hours	W Clayton	27/07/69	473.720 miles

Place to Place

South Shields to Durham and Back:			
Solo	A Robertson	1970	1:33:05
Tandem	MF Cowling & HB Newman	1958	1:29:29
South Shields to Darlington and Back:			
Solo	W Clayton	1962	3:05:48

Track Time Trials

440 yards flying start	HD Armstrong	06/09/68	27.3
880 yards flying start	HD Armstrong	06/09/68	57.2
1 mile flying start	HD Armstrong	06/09/68	2:04:4

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Useful Addresses

Chairman

HD Armstrong
43 Dartford Road
South Shields
Tyne and Wear
NE333NL
Tel: 0191 4552140

General Secretary

M Glass
The Old Blacksmith Cottage
Mitford
Morpeth
NE61 3PR
Tel: 01670 512074

Treasurer

P.Close
6 Sparkwell Close
The Crofters
Newbottle
Houghton Le Spring
DH44XN
Tel 0191 5126351

Runs/Racing Secretary

K Hailes
38 Canterbury Way
Fellgate
Jarrow
NE324TD
Tel: 0191 4891024

Publicity Secretary

S Walton
241 Victoria Road West
Hebburn
Tyne and Wear
NE311UH
Tel: 0191 4300180

Club Hill Climb

The club hill climb will take place at Hedley-On-The-Hill on October 11 2009. First man off at 11:00am. Afterwards we will be meeting at Stocksfield Golf Club for a buffet lunch - there will be a charge of £5.50 per person, please pay in advance. As there is a dress requirement for golf club members would those attending please do there best to change to smart/casual clothing i.e. avoid jeans, shorts, lycra, cycling shoes, fish net tight, etc

Annual Dinner and Presentation

The dinner will be held at the Sea Hotel, South Shields on Friday 15 January 2010, 7.30 for 8.00. Tickets will be approx. £18.00 and payment should be made to Keith or Howard ASAP.

Reliability Trial

We will be looking for a warm, dry, sunny day for the 2010 Reliability Trial.

Club Runs Destinations

2009

October

Sun 4	Bellingham
Sun 11	Hill Climb (Hedley on the Hill)
Sun 18	Alnmouth
Sun 25	Ireshopeburn (Ken and Megs)

November

Sun 1	Elsdon
Sun 8	Haydon Bridge
Sun 15	Rothbury
Sun 22	Felton (Beef Jerkey)
Sun 29	Blanchland

December

Sun 6	Chollerford
Sun 13	Capheaton
Sun 20	Barnesbury 10
Sun 27	Mitford (Pat and Michaels)

2010

January

Sun 3	Felton (Beef Jerkey)
Sun 10	Capheaton
Sun 17	Chollerford
Sun 24	Amble
Sun 31	Blanchland

February

Sun 7	Elsdon
Sun 14	Haydon Bridge
Sun 21	Felton (Beef Jerkey)
Sun 28	Bellingham

March

Sun 7	Allendale
Sun 14	Alnmouth
Sun 21	Ireshopeburn (Ken and Megs)
Sun 28	Falstone

Mountain Bike Rides

Impromptu Mountain Bike rides can be arranged as required

For Waskerly Way mountain bike rides (destination Terry's café at Parkhead), meet at the roundabout at the start of the A693 (Chester le Street to Beamish and Stanley Road) at the junction of Durham Road (Birtley) and Blind Lane, Park Road and Newcastle Road (Chester le Street).

For Thorp Thewles mountain bike rides meet at Whitemare pool roundabout

Club Run Meeting Times and Places

When Travelling North:

South side of the Tyne Bridge.

When Travelling South:

Ropery Lane Roundabout, Chester le Street.
(At junction of A167 and B1284)

If these meeting places are inconvenient to get to on time or too far out of your way then arrangements can be made to meet you along the route to the destination.

All club runs during the months of October, November, February, March and April will start at 9:00am and those in December and January at 9:30am.

Club runs 60 - 80 miles continue throughout the summer on an impromptu basis.

Meeting at the Tyne Bridge 8:30am and at 'Throckley road end' 9:00am.